

## **IBURI Eastern Area** City introduction

The eastern area of the Iburi Region, consisting of Tomakomai, Shiraoi, Atsuma, Mukawa, and Abira, has lots of photogenic places to enjoy a glorious view. Try unique exquisite foods such as Shiraoi Beef, surf clams, and blue honeysuckle.





You can experience nature in ikor-no-mori and Lake Utonai. Irises, the city's official flower, are at their best in early July Tomakomai is known for its surf clams. You can enjoy "surf clam curry" made with soup broth, as well as sashimi and seafood rice





The "National Ainu Museum" and the "National Park for Ethnic Harmony", symbols of ethnic coexistence will open in April 2020. The area is also famous for the well-known brand "Shiraoi Beef", and seafood such as "Kojohama Tarako (cod roe)"!





Blue honeysuckle is a sweet-and-sour fruit that is good for beauty and health. Atsuma is the largest blue honeysuckle production area in Japan. From late June to late July, you can enjoy picking them and making jam.





Mukawa boasts "shishamo (smelt)", the fishing of which is allowed in October and November You can enjoy shishamo sushi and deep-fried shishamo. It is also known as the town of dinosaurs and has been conducting an excavation of dinosaur fossils



Abira is one of the largest horse breeding areas in Hokkaido. You can send a "Yukidaruma Yu-pack (Japan Post's parcel delivery service)". a snowman-shaped foam polystyrene package filled with snow, to countries outside Japan. You can enjoy "fields of canola flowers" from mid-May to mid-June.

> Public road ===== IR \* The time suggested is a guide only.

# IBURI Eastern Area Access information

⇒20 minutes by car ₹84 minutes by car

⇒31 minutes by car 💂 25 minutes by JR train

⇒32 minutes by car

23 minutes by JR trai € 51 minutes by car

\* The names of the respective locations represent the place where the city hall or town office is located.

€22 minutes by car

Model Course

ikor-no-mori

Have an exquisite lunch while viewing a garden

that changes with each

season.The menu may

be subject to change. M 113 559 601\*57

START!

START

# Why not experience the nature of Hokkaido, just 30 minutes from the airport?

②Tomakomai City 14:10-15:10 🌉 ③Tomakomai City 15:15-16:15 🤇

■ Two days and one night ■ Traveling distance/approx.75km

■ Target area/Tomakomai City · Abira Town

Tomakomai City Museum Enjoy a footbath at This is a museum and gallery complex, which "Tomakomai Machinaka Koryukan".

This opened in 2011 as a space for touris and locals to feel free to visit and enjoy. You can spend a relaxing time trying a footbath and hand bath!

III 162 820\*37

Tomakomai City 8:30-9:30 🌾

III 163 450\*47

Tomakomai Science Museum

(Russian Mir Museum / Planetarium)

You can see the exhibition of the "Mir" space

station and the planetarium free of charge

and get to feel more familiar with space



Sea Station Plat Seaport Market

It sells surf clams (the largest catch in Japan), fresh seafood, vegetables and fruits!

**113 164 309\*35** 



#### Michi-no-Eki "Lake Utonai" / Lake Utonai Wildlife Conservation Center

This is a designated as a national wildlife protection area. It is known as a paradise for wild birds; you can enjoy spending time in nature that changes with each season and interacting with wild birds! Try "B1 Tonchan-no Butaman" (steamed pork bun)!

Michi-no-Eki "Lake Utonai" Wildlife Conservation Cente m 113 413 624\*26 m 113 413 719\*51



#### Northern Horse Park

archaeology of Tomakomai.

m 113 194 180\*56

This is a horse theme park that offers interactions and experiences with horses, such as a pony show horse-riding, and meeting retired race horses. It has a garden restaurant, barbecue restaurant, and

**113 719 124\*58** 



It sells popular Camembert cheeses. Try Camembert soft-serve ice cream nd korokke (croquettes), both of vhich can only be found here.

**738 038 184\*68** 

#### Walking in the forest and bird-watching!

Walking in unspoiled nature can refresh you! Try to make an original birdcall!

Abira Tourist Association +81-145-29-7733 \*Available in Japanese only.

# Model 2 Course

# **Deep Hokkaido: Why not experience Iburi culture and history?**

■ Two days and one night

■ Traveling distance/approx.155km

■ Target area/Atsuma Town • Mukawa Town • Shiraoi Town



Day 2

Go blue honeysuckle picking and make jam! You can make jam with blue

honeysuckle you picked yourself! It makes a good souveni

L.+81-145-29-7711\*Available in Japanese only.



Shishamo (smelt) dish Have "Mukawa shishamo", a local specialty! You may also be able to enjoy shishamo sushi in the best season October and November



Hobetsu Earth Museum in Mukawa This is a theme park that offers a simulation experience of the natural environment and history at the time the Earth was formed.

M 567 331 592\*55

Hobetsu Museum in Mukawa This museum exhibits dinosaur fossils from the Cretaceous period!

M 567 331 563\*72

Shiraoi Town 9:00 -

Have an experience in Shiraoi. 11:00 - 12:00

Kobushi no Yu

Atsuma This is known for its radium spri with the power of radon ore! MI 455 824 764\*32



Ainu culture embroidery

Shiraoi is known as a town that passes down Ainu culture to new generations. You can experience local culture such as doing embroidery in Ainu patterns and making a butter knife with Ainu pattern carvings!

Shiraoi Committee for Attraction of Inhound Tourists ..+81-144-82-2216 \*Available in Japanese only.



Shiraoi Beef

his is a code that identifies locations throughout lanan and can be used when you input a destination in a navigation system. All you have to do is enter the number; no need for the full address: "マップコード"and "MAPCODE" are registered trademarks of Denso Company of the company

beef raised in a warm climate and

rich naturel



Sendai-han Shiraoi Motojinya Shiryokan

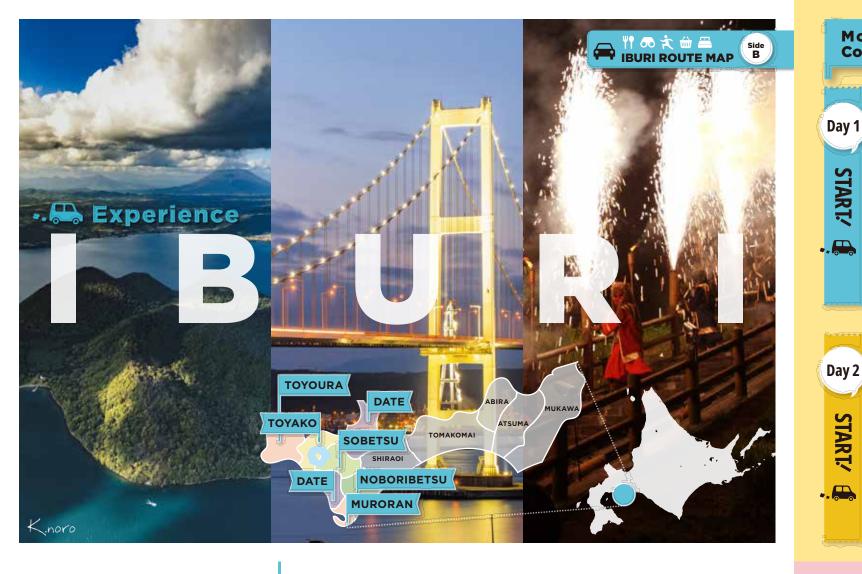
This is a museum about the Sendai Clan's Ezo guard at the end of the Edo Period. It possesses 300 exhibits of armor, pictures, and ancient documents,

In Mukawa or Tomakomai

Hokkaido Government Iburi General Subprefectural Bureau Food & Tourism Promotion Division TEL +81-143-24-9592

This is an exquisite Japanese black

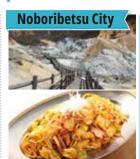
M 545 221 441\*22



#### **IBURI Western Area** City introduction



oridge in eastern Japan view of factories, a new sauce and an addictively



Noboribetsu is one of the main hot-spring areas in Hokkaido. It features various kinds of hot springs. You can spend a relaxing time in natural footbath in the forest while walking on the trail to Jigokudani and Oyunuma



The western area of the Iburi Region, consisting of Muroran, Noboribetsu, Date, Toyoura, Sobetsu and Lake Toya,

has lots of perfect places to enjoy scenery, food, and leisure! And its hot springs are ideal spots for relaxation.

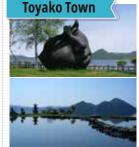
warm climate and is also known as "Northern Shonan". You can experience indigo dyeing and see swordsmithing at a facility next to Michi-no-Eki, and learn about Jyomon culture and history at "Kita-Kogane-Kaizuka" (historical site).



Toyoura is known for its scallop cultivation. Fresh seafood is gathered at its fishing port. The popular "World Scallop Fishing Championships is held here every year and can be enjoyed by everyone. "JR Koboro Station" is a secluded station, which you can only reach by train.



Sobetsu is a town with Lake Toya and volcanoes such as Mt. Usu and Mt. Showa Shinzan, in which you can enjoy a Geopark. You can feel the power of the earth from the footpath and the Mt. Showa Shinzan ropeway. Many varieties of fruit are produced here; the Sobetsu apples are particularly famous.



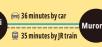
Lake Toya, the third largest crater lake in Japan, is famous as a hot spring town. You can enjoy various activities such as canoeing, horse-riding and cycling around here. In 2008, leaders from major countries came here to attend the Hokkaido Tovako Summit.

Public road ===== IR

# IBURI Western Area Access information









Date



\* The time suggested is a quide only. \* The names of the respective locations represent the place where the city hall or town office is located

We recommend that you travel from Noboribetsu to Toya by express bus (Iburi-go). For more information, see here. ▶ http://www.noboribetsu-spa.jp/?page\_id=94&lang=en

#### Model Course

# Why not experience western Iburi through all five senses over 2 days?

■ Two days and one night

■ Traveling distance/approx.96km

■ Target area/Muroran City • Date City • Noboribetsu City

#### DMuroran City 11:00-11:30

Itanki Beach (singing sand)



**159 288 510\*55** 

#### ②Muroran City 11:50-12:20 (

Cape Globe / Tokkarisho Lookout

You can enjoy a glorious view of approx, 100-meter

**Date City** 9:45-10:00

"Date Rekishi-no-Mori".

2 Date City 10:00-11:30 🖣

Reimeikan Indigo Studio (experience indigo dyeing) / Reimeikan Swordsmithing Studio

You can enjoy traditional experience

of indigo dyeing and watching a

sword smith at work at the prem

Reimeikan Indigo Studio Reimeikan Sw

m 159 780 249\*81 m 159 780 249\*86

of Michi-no-Eki Date

Tel.+81-142-25-6161

Go shopping at Michi-no-Eki



**III** 159 165 829\*64 **III** 159 196 868\*32

Check out local specialities including fresh vegetables

which you can find nowhere else! 159 780 135\*36

igh precipitous cliffs.

3 Muroran City 12:40-13:30

Have Muroran curry ramen for lunch at "Aii-no-Daio" in Muroran. This is a local specialty in Muroran! Try the exquisite curly noodles with thick curry soup m 159 221 746\*54

#### 4 Muroran City 13:50-14:20

Sokuryozan Observatory (Stair with 100 steps)

It provides a 360-degree m 159 250 312\*64

Noboribetsu City 12:30-13:30

for lunch in Noboribetsu /

offers its own special variation

All restaurants offering spicy Noboribetsu

enma vakisoba use flat noodles made with

he finest Hokkaido wheat, special sauce,

and ingredients produced in Noboribetsu

or the neighboring town. Each restaurant

hot spring town.

# **5 Muroran City** 15:00-16:30

**Muroran Public Aquarium** 



It offers a popular and sea lion show. and a "skilfish" (deep-sea fish) exhibition you can

🔟 159 308 410\*48 only see here! V Muroran City 17:00

# Michi-no-Eki "Mitara Muroran"



can watch the sun setting on the sea. What

#### Muroran City (

Night cruise (one of the ten best night views of factories in Japan)

Take a cruise around Muroran Port. Enjoy a night view of actories and Illuminated Hakucho Bridge.



In Muroran

#### **Muroran City**

#### Muroran yakitori











### Have Noboribetsu enma yakisoba River Oyunuma Natural Footbath

This is a natural footbath flowing out from Oyunuma, one of the sources of Noboribetsu Hot Spring. 603 287 830\*13

★ Transfer on foot Oyunuma Parking Lot

#### Noboribetsu Jigokudani

This is the crater of an explosive volcano shrouded with steams and the smell of sulfur. You can witness a dynamic scene in points or blowholes!

17:00-

5)Noboribetsu City 15:15-15:45 (

m 603 288 425\*46

## Model 7 Course i

# Why not experience the fruits of volcanoes and nature?

LUNCH!

- Two days and one night
- Traveling distance/approx.110km
- Target area/Sobetsu Town Toyako Town Toyoura Town

At Tovako Hot Spring /

Day 1

#### OSobetsu Town 10:30-10:45

Sobetsu Koen Observatory



It provides a glorious view of Mt Yotei Mt Showa Shinzan and Mt. Usu centered around Lake Toya

**321 527 150\*48** 

#### 2 Sobetsu Town 10:50-11:00

Sobetsu Falls



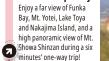
**321 526 142\*25** 

naturally outflowing falls in Lake Tova, which is situated on the spot where River Sobetsu flows out

This is the only

# ③Sobetsu Town 11:00-12:30

Mt. Usu Ropeway Enjoy a far view of Funka Bay, Mt. Yotei, Lake Toya



inutes' one-way trip! 321 433 350\*55 Tel.+81-142-75-2401

④Sobetsu Town 13:00-13:30 €

# Showa Shinzan Kuma Bokuio



Feel the

breeze of Lake Toya while cycling!

bears reside here! Feed and meet a lovely hear from up

Approx. 100 brown

**321 820 280\*18** 

Toyako Town 12:20 - 13:20

Tovako Town 13:30 - 14:00

**321 433 323\*02** TEL.+81-142-75-2290

#### Sobetsu Town 13:45-14:45 Go fruit-picking at Sobetsu

Kudamono-Mura This is a tourist farm consisting

Toyako Town

15:30-16:50

🐝 of 18 orchards in Sobetsu. Enjoy picking fruit such as fresh cherries, grapes, apples and pears

M 321 529 040\*16 Tel.+81-142-66-2750

#### Appreciate Toyako Long-Run Fireworks Festival.

Sobetsu Hot Spring accommodation

This is a "long-run" fireworks festival lasting approx. half a year, which

321 518 337\*56 decorates the night sky above Lake Toya

Toyako Pleasure Cruise (\*Disembark on Nakajima Island) ake a pleasure cruise bound for Nakajima Island that floats in the center of Lake

and enjoy the vestiges of volcanoes (a.k.a. Zero Point)!







# **①Toyoura** <u>Town</u>

Toya, and enjoy the magnificent nature.

Toya Mizu-no-Eki. Try Sanuki noodles while enjoying a glorious view of Lake

•

#### Stay for a while at the Koboro Station. is is known as "the most secluded station in Japan" and can only be reached by train.

by IR train

Get off a train at Toyoura Station 16:02

#### ⑤Toyoura Town 16:15 - 16:30 (

It sells Toyoura vegetables, processed products, and



#### **1)Toyako Town 10:00-12:00**





Lake Toya Gurutto Chokoku Koen (Sculpture Park), Toyako Visitoi Center (Volcano Science Museum), Hokkaido Toyako Summit Memorial Museum Take a tour of the Sculpture Park on the shore of Lake Toya, in which 58 sculptures are exhibited, and the Volcano Science Museum where you can experience the history of the eruntion of Mt. Usu and the conditions at that time. And don't forget the Hokkaido Toyako Summit Memorial

321 518 438\*18 Museum, visited by leaders from all over the world! Take a stroll in Toyoura Fishing Port.

The scallop cultivation in Funka Bay began in Toyoura Town. You can see specialty scallops, fresh seafood and real auctions from up close! oura Kanko Network Tel.+81-142-83-2222



\*Available in Japanese only.

Usu, and Mt. Showa Shinzan. The "rich ogurt drink" sold at the shop is very **321 726 730\*43** Tel.+81-142-87-2221

Shikotsu-Toya National Park Silo Observatory

It provides a glorious view of shining

blue Lake Tova, Nakajima Island, Mt.

Have lunch at

## Go shopping at Michi-no-Eki "Toyoura"

seafood. Spend a relaxing time enjoying take-out food such as deep-fried scallops and strawberry soft-serve ice cream M 662 297 003\*64