



Hokkaido, Iburi Cycling Tour Planning Guidebook

**Let's Ride! Iburi Roads**  
Let's go cycling in Iburi!

**Iburi Cycling Route Map**  
Mukawa Start/Finish Course For Experienced Riders  
Tomakomai Start/Finish Course For Intermediate Riders



Planning • Production:  
Hokkaido Iburi General Subprefectural Bureau

### Riding Etiquette

Let's follow traffic rules and ride safely, as best we can.

- Be especially careful of vehicles and pedestrians while riding.
- When riding on sidewalks, ride slowly, and always yield to pedestrians.
- Don't use headphones, cellphones, or umbrellas while riding.
- Don't ride on the right side of the road, or after drinking alcohol.
- Always turn on front and rear lights when riding in dark areas.
- When riding in a group, ride in a column.
- Be especially careful at traffic signals and intersections.

### Your information

As it will be necessary in the case of accidents or emergencies, please write and carry your personal information with you.

Name: \_\_\_\_\_  
 Address: \_\_\_\_\_  
 Emergency contact (Name): \_\_\_\_\_  
 Emergency contact (Phone): \_\_\_\_\_  
 Blood type: A B O AB (RH+/RH-)

In case of an accident or emergency, dial 119 (ambulance, fire department) or 110 (police department).



