Guide to All Map Routes

You can combine different courses.
Enjoy your original route map.

Iburi Cycling Route Map
Beginner Course — Leisurely Lake Toya Circuit — For Beginner Riders
Fruit-picking and Farm Course — For Beginner Riders

Iburi Cycling Route Map
Advanced Course — For Experienced Riders — Difficulty High
Toyoura Hill Climb Challenge — One of the biggest courses in Hokkaido — Difficulty High

Iburi Cycling Route Map
Intermediate Course — Long Run Course — For Intermediate Riders
Eight scenic spots in Muroran & Industrial Zone Course — For Intermediate Riders

Iburi Cycling Route Map
Mukawa Start/Finish Course — For Experienced Riders
Tomakomai Start/Finish Course — For Intermediate Riders

Let's Ride! Iburi Roads Route Map

WEB SITE
http://www.iburi.pref.hokkaido.lg.jp/ss/srk/cycling/

Items to Carry

Please carry the items below, in case of accidents.

- ☐ Helmet
- ☐ Sunglasses
- ☐ Shoes
- ☐ Bottle
- ☐ Food
- ☐ Set of tools
- ☐ Spare tube
- ☐ Rain gear (windbreaker, etc.)
- ☐ Cellphone
- ☐ Lights (Including reflectors)
- ☐ Bell
- ☐ Puncture repair kit
- ☐ Insurance card
- ☐ First aid gear (Adhesivebandages antiseptic fluid)

Maintenance

The below locations offer bike maintenance.

※Depending on type of bike, service may not be available. Please inquire by telephone.

■Muroran
·Cycle Shop Araki (0143)55-2321
·Cycle Shop Endo (0143)44-1550
·Cycle Shop Murai (0143)22-6032
·Hinuma Bicycle Company (0143)44-3406
·Plaza Kubo, Ltd. (0143)44-2983

■Tomakomai
·Cycle Shop Rin-Rin (0144)67-7172
·Takagi Cycle, Ltd. (0144)73-1819

■Noboribetsu
·Cycling Wakaki (0143)83-1730
·Cycle Center K-Style Kamada (0143)86-8095
·Nishigaki Bicycles (0143)85-2157

■Date
·Cycle Shop Two Rim (0142)23-3207

■Toyako
·Cycle Shop Kobayashi (0142)76-2373
·Takayanagi Company (0142)75-2406

■Shiraoi
·Takahashi Bicycle Company (0144)82-2537

■Abira
·Sugawara Cycle Shop (0145)25-2162

Bike Stand Location

Muroran City	Roadside Station Mitara Muroran	16-15, Shukuzu 4-chome, Muroran City	(0143)26-2030
Noboribetsu City	Noboribetsu Hell Valley Parking Lot	Noboribetsu Onsencho, Noboribetsu City	(0143)84-2018 (Noboribetsu Tourism Business Section, Tourism Room)
	Karurusu Hot Spring Parking Lot	Karurusucho, Noboribetsu City	(0143)84-2018 (Noboribetsu Tourism Business Section, Tourism Room)
Toyoura cho	Roadside Station Toyoura	65-8 Asahicho, Toyouracho	(0142)83-1010
Toyako Town	Roadside Station Aputa	84-2 Irie, Toyakocho	(0142)76-5501
	Roadside Station Lake Toya	9-4 Kagawa, Toyakocho	(0142)87-2200
	Toya Water Station	100 Toyacho, Toyakocho	(0142)89-3108
Sobetsu cho	Roadside Station Sobetsu Information Center "i"	384-1 Takinocho, Sobetsucho	(0142)66-2750
	Mt. Showashinzan Parking Lot	188-5 Showashinzan, Sobetsucho	(0142)75-2241 (Natural Parks Foundation Mt. Showashinzan Section)
Shiraoi Town	The Ainu Museum	2-3-4 Wakakusacho, Shiraoi Town	(0144)82-3914
	Hashimoto Pottery Hall (Takeura Tourist Information Center)	118-146 Takeura, Shiraoicho	(0144)87-4975
	Tairyo Banya Kojohama (Kojohama Tourist Information Center)	56-7 Kojohama, Shiraoicho	(0144)87-2636

Iburi Cycling Route Map

Eight scenic spots in Muroran& Industrial Zone Course

For Intermediate Riders

Travel distance: about 38.2 km.
Maximum altitude reached: 568 meters.
Assumed time required: about 2 hrs. 35 mins.

Cycle Shop Araki (0143)55-2321
Cycle Center K-Style Kamada (0143)86-8095
Plaza Kubo, Ltd. (0143)44-2983
Cycle Shop Endo (0143)44-1550
Hinuma Bicycle Company (0143)44-3406
Cycle Shop Murai (0143)22-6032

Bicycle traffic is not allowed on Hakucho Bridge.
Toward the tree-lined street.
Be careful when crossing intersections with no signals.
Seven Eleven is the landmark.
Gas station is the landmark.
Lots of traffic in the daytime.
Direction of travel
Street Bike Route
Muroranhachiman Shrine a stone step you can rest at.
Lawson on the left.
Turn around.
10% plus grade climb
Muroran Prince Hotel is the landmark.
There's a right turn sign.
Follow the road until Shintomicho.Hokkaido Route 919.
Itanki Beach Sea-bathing spot.
Many scenic view points.
Road is narrow, vision is bad, so ride carefully. Many ups and downs.
Gravel Road (No street bikes.) Be careful of slipping. ※Street bike riders please use the street bike route.
This section has lots of traffic, so ride carefully.
Watch for Forest and Fishery service vehicles.
The shoulder is narrow in this section, so be careful.

Hakucho Bridge
Daikokujima Island
Marina
Roadside Station
Shukuzu Park
Ebisujima Island
Muroran Port
Tsukijicho
Nippon Steel & Sumikin Metal Corporation Muroran Plant
Nippon Steel & Sumikin Metal Corporation Cement Plant
Takahiracho
Golf Course
Motowanishi Station
Higashimuroran Station
Nakamachi
Nippon Steel & Sumikin Metal Corporation Muroran Plant
Civic Hall
Wanishi Station
Misaki Tunnel
Misaki Station
Muroran Main Line
Misakicho (1)
Itanki Cape
Shiomi Park Observatory
Harukaramoi
Masuichise
Masuichi Observatory
Mt. Sokuryo
Iriecho
Irie Sports Park General Promotion Bureau
Kaigancho (1)
Ferry Terminal
Japan Steel Works Muroran Plant
Muroran
Chatsucho
Muroran Station
Bokoi Station
Bokoifuji
Downtown
Uchiura Bay (Funka Bay)
Oinaoshi Port
Nirasu Rock
Shintomi cho(2)
Tokkarisho Observatory
Tokkarisho Cape
Charatsunai
Horaimon
Kiripyobu
Ponchikiu
Chikiu Cape

N
1km

※General rest interval every hour or 20km

Legend

- Start・Goal Point
- Direction of travel
- Normal road
- Heavy traffic
- Upward slope
- Caution
- Turn around point
- View Point
- Restrooms
- Cycle Shop