



Hokkaido, Iburi Cycling Tour Planning Guidebook

Let's Ride! Iburi Roads
Let's go cycling in Iburi!

Iburi Cycling Route Map
Beginner Course Leisurely Lake Toya Circuit For Beginner Riders
Fruit-picking and Farm Course For Beginner Riders



Planning • Production:
Hokkaido Iburi General Subprefectural Bureau

Riding Etiquette

Let's follow traffic rules and ride safely, as best we can.

- Be especially careful of vehicles and pedestrians while riding.
- When riding on sidewalks, ride slowly, and always yield to pedestrians.
- Don't use headphones, cellphones, or umbrellas while riding.
- Don't ride on the right side of the road, or after drinking alcohol.
- Always turn on front and rear lights when riding in dark areas.
- When riding in a group, ride in a column.
- Be especially careful at traffic signals and intersections.

Your information

As it will be necessary in the case of accidents or emergencies, please write and carry your personal information with you.

Name: _____
 Address: _____
 Emergency contact (Name): _____
 Emergency contact (Phone): _____
 Blood type: A B O AB (RH+/RH-)

In case of an accident or emergency, dial 119 (ambulance, fire department) or 110 (police department).

- Mukawa
- Atsuma
- Abira
- Shiraoi
- Sobetsu
- Toyako
- Toyoure
- Date
- Espeyetsu
- Tomakomai
- Murooran



Iburi Cycling Route Map
Beginners Course Leisurely Lake Toya Circuit For Beginner Riders
 Travel distance: about 39.2 km.
 Maximum altitude reached: 153 meters.
 Assumed time required: about 2 hrs. 40 mins.

Legend

- Start・Goal Point
- ➔ Direction of travel
- Normal road
- Heavy traffic
- Upward slope
- Caution
- Turn around point
- View Point
- Restrooms
- Cycle Shop



The lakeside path is especially recommended for its beautiful scenery!

Free Wi-Fi Area
 ※Limit of 30 mins. for one use.

Be careful of slipping on fallen leaves!

The shoulder is narrow in this section, so be careful.



Sobetsu Information Center

※General rest interval every hour or 20km